

Equipment Check List

Name: _____ Jersey # _____

Division: _____ Team: _____

Instructions: Please note if equipment is good or Not OK see what to look for in terms of determining if it is acceptable.

- Check Velcro on all equipment and ensure it is in good condition
- When checking pants ensure they are up high and shoulder pads are down, there should be no or very minimal gap at the belly between them
- Ensure equipment isn't too big as it is unsafe and can restrict player movement.

Equipment	Equipment Check 1 Date: Who Checked:	Equipment Check 2 Date: Who Checked:	Equipment Check 3 Date: Who Checked:	What to Look For	Comments:
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	Ok	Not OK	OK	Not OK	Ok	Not OK		
Jock/Jill							Fits Snugly, but not too tight. Appropriate for gender.	
Condition							Secure and not cracked and in good condition.	
Pants							If too small leaves thigh exposed and or lower back. Top of knee should not be exposed.	
Condition							No rips or tears, no loose thread, Check belts and straps.	
Shin Pads							If too small will leave lower shin and or Knee cap exposed. Should be firm and over the knee.	
Condition							No cracks, loose stitching or deteriorating padding underneath.	
Socks							Long enough to cover shin pads and snug (shouldn't be too long)	
Condition							No Rips or tears	
Shoulder Pads							Not too small leaving exposed areas, Not too large hindering movement. Should protect chest, shoulder, back & upper arm.	
Condition							Look for cracks, deteriorating padding and Velcro	
Elbow Pads							Protects entire elbow & upper forearm, preferably down to glove	
Condition							Watch for worn elastic and worn donut protection on elbow.	

Helmet							Fits Snug and not too loose. Fully covers forehead, temples, ear and base of skull. Must have visible CSA label. Snug chin strap, ear guard. There should be No tape, sticker and Paint As it could void the warranty and insurance.	
Condition							No Cracks, replace if padding is separating from helmet.	
Cage							Never Force, fits Helmet, no Modifications, tight screws, straps snug, has Chin Cup. Ensure fits well into J Clips on Helmet not over the J clips.	
Condition							No cracks and watch for Rust	
Gloves							High enough to protect Forearms up to elbow pads. Firm fingers, thumb and back padding.	
Condition							No holes or loose threads around fingers and thumbs. Palms of hands are solid and have no holes.	
Skates							Tongue should be long enough to fit behind shin pads. Laces NOT wrapped around boot or top of ankle.	
Condition							No missing rivets. Check Blades no Rust on blades or minimal. No soft toes. Recommend skate towel.	
Neck Guard							Completely covers area and fits snug.	
Mouth Guard (A teams recommended for play in the US)							Fits snugly over teeth. Not cracked or chewed on. Note this is not a requirement for players	
Stick							Properly sizes stick should reach between players Chin and nose when in street clothes.	
Condition							No cracks/splinters on shaft/blade. End cap in place and but end should not be able to penetrate face mask. Blade size appears normal and is not worn down ie: from street hockey.	

Other Comments and Notes: